Title

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***Abstract:*** It can be written in any of the two methods: 1) Long method, consists of 200-250 words which includes manuscript’s topic, methods, and findings; 2) Short method, composes of three (3) to five (5) sentences that focuses on the research main thesis.

**Keywords:** There should be at least three (3) keywords to assist in indexing the paper and identifying qualified reviewers

**Introduction -** It is the rationale behind the study, significance, limitation, setting, and other related literature and studies.

**Theoretical Framework -** This explains the theory where the research is anchored.

**Methodology-** This states the complete flow of the research giving emphasis on how the data were gathered as well as on the methods of interpretation. Ethical consideration of the study should also be included to inform the readers of the precaution taken.

**Body/Findings-** This includes the discussion of the results of the study which depends on the type of research. Like, quantitative research should include all the necessary graphs and tables to further explain the result, while qualitative research should focus on the flows of arguments in supporting its claim.

**Conclusions-** It is the main thesis of the study which answers the questions posed at the beginning or in the introductory research.

**Recommendations-** Provide suggestions based on the findings as well as the limitations of the study.

**References-** This should follow the American Psychological Association (APA) format where the In-text citation should be (author, year).